



Kia ora! Talofa lava! Kia orana! To everyone involved in the sexual and reproductive health sector – hey!

Welcome to the latest SHOPP! The Hidden Depths edition with a review of the NZSHS conference and links to the presentation videos.

Just a brief note from me...

Kia ora tatou katoa

NZSHS Conference 2015

Huge congratulations to the organising committee for this year's great National Sexual Health Conference in Taupo recently. It had some amazing speakers and highlighted Maori and Pacifica achievements in sexual health and wellbeing. There was many a tear shed at the raw courage and frankness shared by some speakers. It was humbling to be trusted with the sharing of these insights and my take-away feeling was of a strong sense of collective unity and emotional growth as a sector.



PASHANZ

PASHANZ made important progress in electing new Trustees - this carries responsibility and accountability and I am sure the wider membership will support these officers in their work. A general query was raised in the PASHANZ hui about how to link your work to the wider community. The NGO Forum may be just one way to do this: Click on this link to get to the update <http://ngo.health.govt.nz/news-updates/ngo-desk-updates>. There are also some 'Quicklinks' on the NGO Desk updates web page that you may find useful.

- [From the Ministry of Health's Library – Grey Matter](#)
- [Ministry of Health media releases](#)
- [New Ministry of Health publications](#)
- [Other government health and disability websites](#)
- [My DHB](#)

At the Conference I heard the best ever description of consent for sexual activity. Highly recommend all schools show this to all students. I've been telling everyone who will listen about it. Google 'cupofteaconsent' if link doesn't work. It likens consent for sexual activity to consenting to a cup of tea and describes the right to change your mind at any time beautifully. Youtube link: <http://www.youtube.com/watch?v=oQbei5JGiT8>

Results-based Accountability (RBA)

RBA outcomes-based contract frameworks is progressing well with the new templates for reporting finalised. If your organisation is still struggling to understand what this may look like for sexual and reproductive health (SRH), contact me and I will try to find a way to go over this informally using the examples we have in place to date.

We have identified some 'vital few' measures common across the SRH contracts that we can theoretically track for some 'turn the curve' data. This is the first time we have ever attempted to track performance across the sector and is very exciting.

Best wishes for a safe and enjoyable Christmas break.

Ngā mihi

Ngaire Sandel (Portfolio Manager- National Health Board)

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From Ngaire's desk**

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Spotlight On: NZSHS Conference 2015 “Hidden Depths”

This year’s annual sexual health conference was held in Taupo 15-17 October. The conference was structured around the 2014 World Health Organisation position paper “Sexual and Reproductive Health beyond 2015: Equality, Quality of Care and Accountability”.

We hope that the conference fulfilled this brief, with many of the more than 30 speakers framing their presentations around the key themes. As always for conference organisers, it was a challenge to offer presentations of interest to a wide range of delegates across a variety of disciplines, but feedback has been very positive. We are delighted that final delegate numbers were 177, the venue a success, and we know that a good deal of networking was done over the 2 days of conference, and at the PASHANZ hui the day prior.



Sue Bagshaw and friends

Highlights

Highlights for us (and there were many) included:

- Dame Margaret Sparrow’s opening speech, with the launch of Jane Tollerton’s book “Ettie Rout: NZ’s safer sex pioneer”. Dame Margaret is always an inspiration.
- Riripeti Haretuku and Alison Green’s presentations were another wakeup call that we need to be more inclusive of a Maori knowledge based approach to sexual and reproductive health care, and need wider multi-cultural awareness if we are to achieve true health equity. This theme was reiterated in other presentations.
- The Village Collective always impress and enthrall – their insight and passion brought tears to the eye, as did the presentation by Te Rakei Whakaehu, winners of one of this year’s conference awards.
- Dr Sue Bagshaw is another inspirational presenter and leader in the field of youth health, and our thanks also go to our local young people, Crosby and Grace, for joining Sue.
- Christine Foley gave a great update on sexual assault care, and presented the challenge for us all to learn more about what is available in our localities, and to continue advocating for improved service access. We would like to thank all our speakers for

their time, wisdom and passion for their work, and thank you to everyone who attended. You all contributed to another successful conference, and we will be looking forward to the 2016 conference in Wellington.

Conference Presentations and Video

Have a look at the [NZSHS website](#) for the PowerPoint files and also the [NZSHS Youtube page](#) for video recordings of selected presentations.

Debbie Hughes and Shaz Iseli
On behalf of the 2015 conference organising committee

Spotlight On: PASHANZ



Promoters Advocating for Sexual Health in Aotearoa New Zealand is a network of health promoters started in 2003, and incorporated as a trust since 2014 to provide a collaborative and co-ordinated approach to working in the area of sexual and reproductive health.

Kia ora! Wass up! Talofa! Mōrena! Hey everyone!



PASHANZ members at the recent face-to-face meeting in Taupo

Elected through the amazing PASHANZ body we are the infamous 5 – soon to be 7 – PASHANZ Trustees! Nominated by our fellow health promoters within Aotearoa to create, form and design the future PASHANZ governing body, we look forward to piecing together a puzzle that will help, support and guide our fellow PASHANZ members in their respective areas of sexual and reproductive health. For more information or to make sure you are on the emailing list please email justeena@pashanz.org.

Our next telehui

The next PASHANZ teleconference is on Thursday 3rd December at 1030am –

1130am. Please ensure you check your emails for calling instructions or please ensure your apologies or any messages you would like to put forward please do so. We are calling for nominees to fill two trustee positions – please do not hesitate to contact us or forward nominees to the secretary.

Meet the new trustees

Evelyn Mann – PASHANZ Chairperson

WORKS FOR: Southern DHB and THETA. I am a health promoter at Public Health South in Invercargill (0.5 FTE), Southern DHB and I’m also the Artistic Director for THETA Sex wise.



I’M PASSIONATE ABOUT: Sexual health and applied theatre!! Also love gardening, theatre, travel, family, eating out, fine wines and good company!
AS A TRUSTEE: I am aiming for all people to be able to ‘talk’ about sexuality and it’s ins and outs without shame or embarrassment, and to support our young people to become really good at building relationships and knowing how to be great lovers...
AND IF YOU WERE A SUPER HERO: I would be, and am, woman! Well actually I am a Goddess and I can do anything (except the splits now) if I work at it.

Justeena-Jayne Leaf a.k.a. CHICKEE – PASHANZ Secretary

WORKS FOR: Te Ahurei a Rangatahi in Kirikiriroa, Waikato, Advising and support the team around SRH kaupapa. I’M PASSIONATE ABOUT: Being Māori and culture. I love working in and around young people supporting them and their whanau to engage, get support and take on the mana of their own Hauora.



AS A TRUSTEE: I want to try and bring about a more collaborative hub of support for all SRH kaimahi in Aotearoa...
AND IF YOU WERE A SUPER HERO: I would be the person who heals all mamai (hurt/pain/wounds), taking away symptoms and hurt in people to make them smile again.

Ruth Donna Uo a.k.a. Ruthie or Rufus – PASHANZ Co-Treasurer

WORKS FOR: Village Collective in Auckland as the Operations Leader. I’M PASSIONATE ABOUT: positively influencing our young people’s attitudes, knowledge and skills so they can make great life choices.



AS A TRUSTEE: Building a supportive network for our people working tirelessly in their own areas. That we hear the concerns of our fellow workers and create opportunities that can bring about positive changes...
AND IF YOU WERE A SUPER HERO: Psylocke (Female Marvel Character). She is strong

both physically (weapon and combat master) and mentally with the ability to form psychic weapons to assist her in battle. She can also read thoughts and move things with her mind, which is quite handy. I would love to use those powers to help people.

Terri Te Kani a.k.a. Fatti - PASHANZ Co-Secretary



WORKS FOR: Hauora Tairawhiti- Tairawhiti DHB as an amazing Health promoter.

I'M PASSIONATE ABOUT: My people, Iwi, Hapu, whanau, tamariki, all things Tairawhiti / all things Maori / All things Sexy.

AS A TRUSTEE: I would like to achieve being a voice and positive vehicle to promote and influence Love, Manaaki and safety to all Whanau, hapu, Iwi. AND IF YOU WERE A SUPER HERO: Storm as she is the closest thing I can imagine a Māori Goddess to look like and to have the ability to be between both worlds from Ranginui to Papatuanuku- to the galaxy. Love Gizzy, it's a place of sunshine and the most beautiful, sexiest people in Aotearoa.

Alex Anderson – PASHANZ Treasurer



WORKS FOR: Auckland Sexual Health Services (ASHS).

Our Youth Slumber Party event focussed on engaging Rainbow Pasifika young people saw just under 30 young people come together and continue to develop relationships with each other, but also learn about the different services that are available to support them. Putting on an overnight event was a change up from the norm, and by the end of it, the participants left beaming.

Ta'ahine Fo'ilole



Loma and participants of Ta'ahine Fo'ilole

We also developed and delivered Ta'ahine Fo'ilole, an event designed to support young woman by equipping them with the skills to challenge how media portray woman and body image. We had just under 40 young women attend and while many were unsure at the start, they left wiser and encouraged about the beauty they have and bring to the world.

Watch me Kapow

Another new offering we rolled out was Watch me Kapow – a creative arts based approach to developing confidence within young people. Utilising the different art forms, young people are exposed to different tools that can build their confidence and support communication. It's early days, but we have already seen some of the participants grow through our engagements.

Hope everyone has a relaxing break – we look forward to catching up in the new year.

Rob Muller



Spotlight On: Village Collective

Village Collective is a charitable trust that aims to support Pasifika communities with sexual and reproductive health needs. They do this by health promotion and ensuring we work across the five streams of the Ottawa Charter.

Malo e lelei and warm greetings

Like many of you, 2015 has come and gone so quickly. We entered the year hopeful to build on the work of 2014 and to continue to make a difference in the lives of those we engaged. This year saw the team mix it up by leading different health promotion projects in the community.

Youth Slumber Party



Participants at the Youth Slumber Party

Coming Up: World AIDS Day

Body Positive and Positive Women Inc are pleased to invite you to join us on Thursday the 26th November at the opening night of the 6 day theatre project Puāwai marking World AIDS Day at the Te Pou Theatre. This is our first year hosting an event such as this to raise awareness around HIV and we would be delighted to have you join us at the GALA Opening.

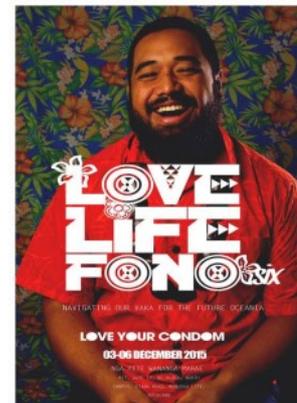
Light refreshments proudly provided by Malcolm Pacific Immigration and Antipodes water.

Remember the Annual street collection is on Friday 27th.



Coming Up: Love Life Fono 6

Love Life Fono 6 marks ten years of celebrating, supporting and advocating for our gender and sexually diverse Pacific communities in New Zealand and the broader Pacific region.



The theme for this year's Fono 'Navigating our vaka' looks at what the next ten years holds for our community and how we can build on the foundations that have been set before us and innovate positive and effective change for the future of our Pacific LGBTQI+ people.

Love Life Fono recognises the unique perspectives amongst all Pacific nations, and offers an important opportunity to gather as a collective voice on the affairs that impact our lives, enrich our cultural experiences and impact our future potential.

Through the sharing of knowledge, life experience and cultural heritage, Love Life Fono enables each of these Pacific nations to talk about their lives, focus on their words and listen to their stories.

With Talanoa and reflection we are able to advocate for our unique position within the world and navigate beyond our marginal limitations, circumstance, isolation and social and cultural indifference.

Whatever the future holds we can get there together and so the Love Life Fono Committee warmly welcomes you to participate in this year's conference. Please join us with your story and be part of this community talanoa and share your experience to help us navigate this vaka into the future.

Date: 3-6 December 2015

Venue: Ngā Kete Wānanga Marae, MIT, Gate 12, NZ Block, North Campus, Otara Road, Manukau City.

Register now

Tickets are \$35 unwaged and \$55 waged. After registering you will be sent a confirmation email with payment options including credit card or cash.

For more information Visit the website [here](#).