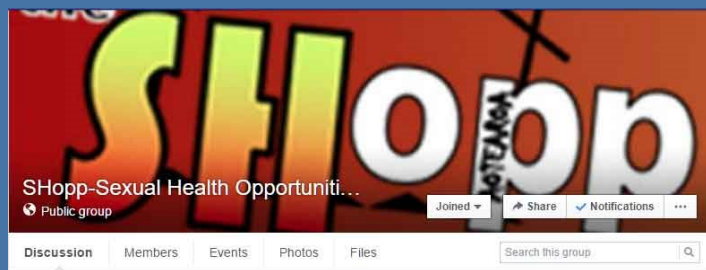


Kia ora! Talofa lava! Kia orana!

This edition is brought to you by all the awesome people working in sexual and reproductive health-land and features some cool new resources that have been developed.

Check them out, give some feedback, and most importantly if you can use the resources in your own area – get in touch with the orgs!

Also, read up on the article about joining our Facebook group as we open another channel to keep in touch with each other. Keep up the awesomeness everyone!



IN THIS ISSUE...

Join the SHOPP Facebook Group

Spreading the Word

We have been getting feedback about how SHOPP can reach as many people working in our sector as possible.

We have had a Facebook group for a while, although it has not been very active. Now the postings from Mailchimp will also show up in the Facebook group. So if that is how you like to keep connected with things in Sexual-and-Reproductive-Health Land, then join the group.

Got something to share quickly?

Then post it up on Facebook. Larger articles can be picked up from there and put into the quarterly mailout.

Posts can be made by either emailing shoppnz@groups.facebook.com or posting directly in the group page: <https://www.facebook.com/groups/shoppnz/>

Help us improve!

If something is not quite working how you think it should with our information-sharing channels, let us know. Email admin@shopp.net.nz, leave a comment or send a message on Facebook.

Articles:

- **Join the SHOPP Facebook Group**

Spotlight On Resources:

- **Why Should I Use Condoms?**
- **CCS-Condom Card Scheme**
- **How Healthy Is This Relationship?**



Resource: Why Should I Use Condoms?

What led to this project being developed?

As you may be aware, in 2014/15 HIV, syphilis and gonorrhoea were on the rise, particularly amongst young MSM (men who have sex with men). NZAF believes knowledge amongst young MSM in regards to safe sex practises, HIV and STIs is missing so we worked on a project to combat this.

We determined the best way to get the message across was in a short video which can be shown to youth alongside a resource which youth can take and look at in their own time. The video and resource was a collaboration between LYC and NZAF.

Project Aims

Our goal for the project is for every young same-sex attracted man to have the opportunity to learn about his elevated HIV & STI risk factors and is empowered to stay safe.

We were in contact with a lot of Youth Organisations (Family Planning, Te Kaha, Village Collective, Rainbow Youth etc) and had positive responses from them to collaborate on this project.

What is the project about

Why should I use condoms is a youth educator's guide to personal health for young men who have sex with men and support for healthy communities.

- Despite making up only 2.5% of the population, gay and bi males make up 80% of annual HIV infections in New Zealand.

- Data tells us that first anal intercourse and sexual attractions are occurring when young MSM are within their school education. Evidence tells us that if a young gay male uses a condom at sexual debut, they are twice as likely to continue doing so throughout their sex life.

Why should I use condoms?

Why should I use condoms? is an educational resource for young men who have sex with men (MSM) that supports them in making positive and informed decisions to address their specific sexual health needs.

While this resource is built for educators, it has also been designed for other adults working to support the sexual health needs of young MSM.

Why should I use condoms? is a resource provided by the New Zealand AIDS Foundation (NZAF), in partnership with Love Your Condom (LYC) – an HIV prevention programme run by NZAF that works specifically for MSM.



The resource consists of a:

- Four minute video
- Student handout
- Key messages and discussion prompts to go alongside the video
- Feedback survey (for students and educators)

This free resource is available for order at nzaf.org.nz/schools

Want to Know More?

Any queries about this resource please contact LisaMirpuri@nzaf.org.nz or 021-178-8659.



CCS (Condom Card Scheme) is based on a confidential non-judgemental service that provides a consistent approach to providing condoms, quality accurate sexual health information and empowers youth to make positive choices around sexual health.

Aims of CCS

The CCS aims to:

- increase the availability, accessibility and acceptability of condoms
- increase the number of people working with youth having sexual health knowledge, skills and understanding
- link young people into mainstream services
- reduce the incidence of and costs related to STIs, unintended teenage pregnancies and abortions

Process of CCS

A young person has a one to one interaction with a trained 'practitioner' who discusses safe sex practices, confidentiality, condom demonstration and provides information on local sexual health services. The young person then receives a card which identifies that they are part of the scheme. This enables them to access participating local pharmacies to pick up free condoms.

C.O.N.D.O.M.S.

This is a tool used as a guide of what areas are covered in the training by using the word CONDOMS.

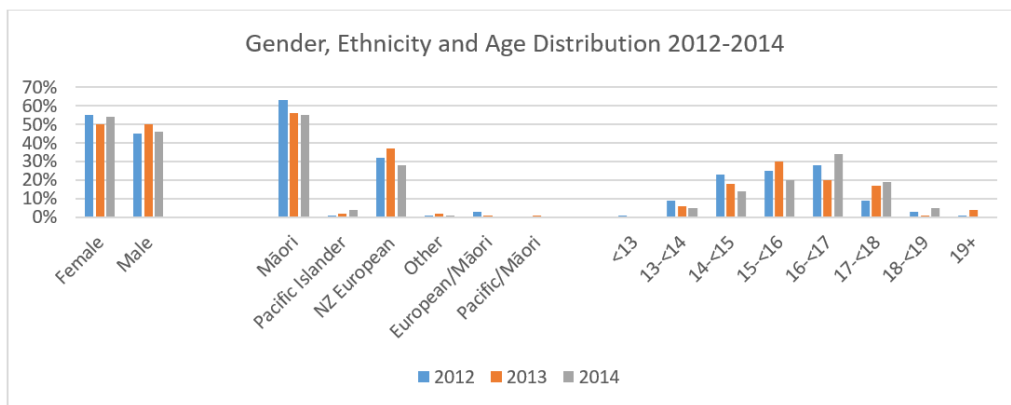
- Condom Card Scheme: Confidentiality, Consensual Sex, Competency (Frasers Guidelines), and Communication with parents
- Options: Safe sexual practices, STI testing, Contraception, Sex and ethics framework
- Need to know: Effectiveness of condoms in preventing pregnancy and most STI's
- Demonstration: How to put on, use lube, encouraging use of condoms
- Outcomes: What to do if the condom breaks or slips off (ECP), STI short term and long term
- Matters: Local sexual health services, discuss any concerns young people may have
- Scheme: How the Condom Card Scheme process works, start up pack.

Poster Promotion

Our poster used to promote providers who are trained to offer the scheme. The round logo on the left is also a key symbol for our young people to identify with also.



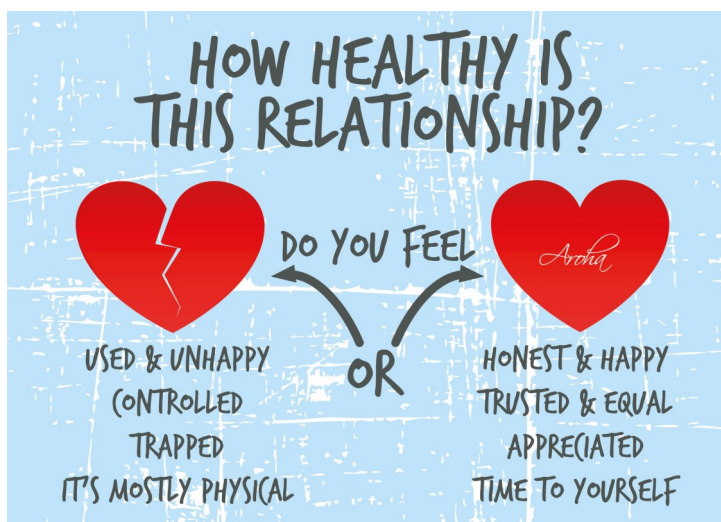
Gender, Ethnicity and Age Distribution 2012-2014



Data of users of the CCS. Even split of males and females, high Māori usage and 16-17 year olds are our most frequent users.

Want to Know More?

Any queries about the scheme please contact lisa.pohatu@hbdhb.govt.nz.



**DONT BE RECKLESS WITH OTHER PEOPLES HEARTS &
DONT PUT UP WITH PEOPLE THAT ARE RECKLESS WITH YOURS.**



Anamata Cafe (Clinics and Advice For Everyone) is a health service in Taupo that focuses on the health and wellness of young people and their whānau.

What our health promotion poster campaign is about

This has been distributed throughout our community and schools with water bottles with the same message.



We have also done the positive relationship quizzes from the [areyouok](http://areyouok.org.nz) campaign.

We have held health promotion lunch time awareness about this campaign in our colleges with music, quizzes etc. tug of war, music. We have done the same in our town centre with a sausage sizzle and local rangatahi singing for entertainment.

Want to Know More?

Any queries about the campaign please contact Mary-Lou Clark at marylouc@anamatacafe.org.nz.



www.anamatacafe.org.nz

AnamataCafe • (07) 376 0098 • 129 Spa Road, Waiora House, Taupo
www.areyouok.org.nz - Try the positive relationship quiz



REMEMBER TO SEND IN YOUR CONTRIBUTIONS AND COMMENTS:

Post on Facebook:	facebook.com/groups/shoppnz
Email to Facebook:	shoppnz@groups.facebook.com
Email to Website:	admin@shopp.net.nz